

Avocado Bagel with Micro-greens



Ingredients:

- 1/2 bagel or slice of bread
- 1/2 avocado
- Cherry tomatoes
- Micro greens
- Everything bagel seasoning (optional)
- Salt & pepper

Instructions:

1. Toast 1/2 of a bagel (or bread)
2. While your bagel is toasting, mash 1/2 avocado in a small bowl to your desired consistency. Sprinkle mashed avocado with salt and pepper
3. Slice cherry tomatoes into thin slices
4. When you're toast or bagel has finished, spread the mashed avocado onto the bagel. Top with cherry tomatoes, everything bagel seasoning, and your choice of micro greens.